

# **Keys to Time Management**

#### **Basic Premise**

- **Accept** ... you will never be able to do everything you want... because there is just too much to do.
- **Purpose**... the driving force behind managing your time is to accomplish your ultimate goal/s.

### Four Skills Required to Use Your Time Wisely

- Analysis.
- Planning.
- Delegation.
- Self management.

#### **The Process For Success**

- What to do.
  - Spend your time doing what is key to the success of your business.
  - Work on tasks that can only be done effectively by you.
  - (4 "D's" -- Do it.... Delegate it....Defer it....or Dump it).
- When to do.
  - Plan your time/ organise your work schedule so that you are never working the issues that fall into the two "Not Important" categories.
- **How** to do (**organise**).
  - Create a "template" schedule for each time period month/week/day which allocates time periods for specific types of tasks. Ex: travel to customers, return/place phone calls; do quiet work, organize paperwork, read.
  - Tool Time blocking chart.
- **How** to do (**discipline**).
  - The key to efficient use of time is planning.
  - Work from lists & mark the items for priority (a, b, c).
  - Tool Daily, Weekly lists.

## **Planning**

- For efficiency.
  - Do it in advance -- Friday night or weekend for next week; the night before, for the next day, rather than the morning of.
  - Gather your materials in advance, so can "hit the ground running".
- For motivation.
  - Put as much on your list as you can, momentum gained as you check off.
  - When large projects, break them into small steps so you can see progress.
- For effectiveness.
  - Each major project should be planned out over time periods with other activities interspersed.

#### **Hints for Success**

- Incremental progress is key. So for projects, "divide to multiply".
- Start now, step by step.
- Do the toughest things first.
  - stops procrastination.
  - you'll feel great... therefore...
  - you'll be inspired to do everything else required for the day.
- Delegate.
  - Include scheduled time in your plan to oversee/ train/ obtain & review reports on the work you have delegated.
  - Do not slip into the habit of doing it.
- Default Diary: Follow a default diary to ensure that you spend enough time on Most Valuable and Most Profitable activities of the business

If you schedule on importance not urgency – the urgent will almost never occur!

# Steve's Default Diary W/C 06/04

|       | Monday              | Tuesday           | Wednesday         | Thursday          | Friday              |
|-------|---------------------|-------------------|-------------------|-------------------|---------------------|
| 07:00 | IVVM                | IVVM              | IVVM              | IVVM              | IVVM                |
| 07:30 |                     |                   |                   |                   |                     |
| 08:00 | Travel / Learning   | Travel / Learning | Travel / Learning | Travel / Learning | Travel / Learning   |
| 08:30 | Travel / Learning   | Travel / Learning | Travel / Learning | Travel / Learning | Operations/Admin    |
| 09:00 | Planning / Admin    | Operations/Admin  | Client Meeting    | Client Meeting    | Operations/Admin    |
| 09:30 | Operations/Admin    | Operations/Admin  | Client Meeting    | Client Meeting    | Operations/Admin    |
| 10:00 | Operations/Admin    | Operations/Admin  | Travel / Learning | Travel / Learning | Operations/Admin    |
| 10:30 | Operations/Admin    | Operations/Admin  | Client Meeting    | Client Meeting    | Operations/Admin    |
| 11:00 | Operations/Admin    | Operations/Admin  | Client Meeting    | Client Meeting    | Operations/Admin    |
| 11:30 | Marketing           | Operations/Admin  | Client Meeting    | Client Meeting    | Operations/Admin    |
| 12:00 | Marketing           | Operations/Admin  | Travel / Learning | Travel / Learning | Operations/Admin    |
| 12:30 | Sales               | Operations/Admin  | Client Meeting    | Client Meeting    | Travel / Learning   |
| 13:00 | TARGET 2            | Operations/Admin  | Client Meeting    | Client Meeting    | Sales               |
| 13:30 | Sales               | Marketing         | Travel / Learning | Travel / Learning | TARGET 2            |
| 14:00 | Sales               | Marketing         | Client Meeting    | Client Meeting    | Sales               |
| 14:30 | Telephone/Appt      | Operations/Admin  | Client Meeting    | Client Meeting    | Sales               |
| 15:00 | Telephone/Appt      | Operations/Admin  | Travel / Learning | Travel / Learning | Telephone/Appt      |
| 15:30 | TARGET 4            | Operations/Admin  | Client Meeting    | Client Meeting    | Te TARGET 3         |
| 16:00 | Telephone/Appt      | Operations/Admin  | Client Meeting    | Client Meeting    | Telephone/Appt      |
| 16:30 | Telephone/Appt      | Telephone/Appt    | Client Meeting    | Client Meeting    | Telephone/Appt      |
| 17:00 | Telephone/Appt      | Telephone/Appt    | Client Meeting    | Client Meeting    | Planning / Admin    |
| 17:30 | Planning / Admin    | Telephone/Appt    | Travel / Learning | Travel / Learning | Training / Team mtg |
| 18:00 | Training / Team mtg | Travel / Learning | Travel / Learning | Travel / Learning | Training / Team mtg |
| 18:30 | Training / Team mtg | Travel / Learning |                   |                   | Travel / Learning   |
| 19:00 | Travel / Learning   |                   |                   |                   | Travel / Learning   |
| 19:30 | Travel / Learning   |                   |                   |                   |                     |
| 20:00 |                     |                   |                   |                   |                     |

| Hours           | 12.5  | 11.5 | 11 | 11 | 12                |
|-----------------|-------|------|----|----|-------------------|
| Daile           |       |      |    |    | Total Hours<br>58 |
| Daily<br>Target | 2 & 4 |      |    |    | 2 & 3             |

|     | Total hour        | s / week | Total hours / week  |     |  |
|-----|-------------------|----------|---------------------|-----|--|
| Key | Operations/Admin  | 12.5     | Sales               | 4   |  |
|     | Telephone/Appt    | 6.5      | Training / Team mtg | 2   |  |
|     | Travel / Learning | 14       | Client Meeting      | 13  |  |
|     | Planning / Admin  | 1.5      | IVVM                | 2.5 |  |

IVVM: Idealise Viisualise Verbalise Materialise